#### AT THE MEETING

Use one of the previous leaflets to remind you of the format of tonight's meeting - the grace is on page two of this leaflet and we suggest you use Luke 24: 25-35 as tonight's scripture. Don't leave out the ten minutes silent prayer remembering your life and prayer since the last meeting and focusing on what you want to share with the rest of the community - and in the sharing, don't forget to read out the letters! You may want to leave a slightly longer pause than usual after each person has read his or her letter and use the time to pray especially for that person.

#### PRACTICALITIES

There is quite a lot today, but don't forget to check first whether anyone has anything else that can't wait.



We are suggesting that your next meeting is a break from these leaflets and that you have a Liturgy and a party! We hope it will be a celebration of the time the group has been together, whether or not you have decided to continue. If you have, of course, that is something else to celebrate. If just one or two people have decided not to continue, it is also an opportunity to celebrate what they have given to the group and to say farewell. Please don't leave this out as it is important for everyone.

So you will need to organise your Liturgy and party. You may have already chosen to find a priest to celebrate the Eucharist for you, or you may have decided to create your own Liturgy. Either way, you may need to choose music and readings etc, and you may like to create a central focus (a picture, candle, flowers, etc) for the celebration. If you are creating your own Liturgy, be imaginative, but keep it simple. One group simply asked everyone to bring a favourite reading or poem or picture. This is an opportunity for those who have decided they wish to continue with CLC to use the enclosed card "*My CLC Way of Life*" as a focus at some stage of your Liturgy or Eucharist.

At this point in the group's life we also ask you to write to your CLC Regional Rep to let us know how you are getting on. Someone will need to volunteer to do this for you all. (If you don't know who is your Rep, write to CLC, 114 Mount Street, London W1K 3AH or email to info@clcew.org.uk). Tell us what name your group has chosen and who is in your group..

If you have decided to continue towards CLC and if you want to continue with these Meeting Plans, you will need to order the next set. Please use the order form enclosed with this first set of leaflets. Don't delay, as orders cannot always be processed immediately.

#### **REVIEW OF THE MEETING and CLOSING PRAYER**

Take time to still yourselves after the bustle of all the practicalities, and end your meeting as usual.

# Christian Life Community praying our life and living our prayer MEETING PLANS FOR ENGLAND AND WALES Shall we continue together as companions on the journey?

## TOWARDS MEETING SEVEN

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# PERSONAL PRAYER BEFORE THE MEETING

## A reminder of the suggested stages of prayer ...

**PREPARATORY PRAYER** Begin as the previous leaflets suggested.

#### ASKING FOR WHAT I WANT

I ask for the grace of the Lord's light and guidance to help me decide whether to continue with the others as companions towards Christian Life Community.

MATERIAL FOR PRAYER See the suggestions below.

#### TALKING WITH THE LORD

Ensure that at the end of your prayer, you spend some time talking directly with the Lord. You may like to end the prayer with a *Glory Be* or the Lord's prayer.

#### **REVIEW OF PRAYER**

Afterwards, looks back over your prayer and make some notes.

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# FOR YOUR PRAYER

\* Scripture: Luke 24: 13-35; 33-43; 44-49.

You might like to start by praying the different parts of the passage separately, but at other times pray the whole passage as an illustration of companions on the journey of life together.

- \* For two or more of your prayer times try using the texts of the General Principles on the next page instead of the scripture.
- \* Use at least one prayer time to reflect on your time with CLC and especially on the last five meetings with your community. What have you received? What have you given? What do you hope to receive and what do you hope to give? Have you any dreams for the community?
- \* As the next meeting approaches, write a letter to the group, which you can read aloud at the meeting. Try to include in it as many of your reflections as you can and express whether or not you have decided to continue on the journey with your Christian Life Community.
- \* If you have decided to continue, you might find the enclosed card "*My CLC Way of Life*" a good way of expressing that together, possibly with your Liturgy (see *Practicalities* on the back page).

# GOD LOVES AND SAVES US

#### CLC General Principle 1

The Three Divine Persons, looking upon the whole of humanity, and seeing so much selfishness, greed, violence and indifference to the needs and rights of others decide to give themselves completely to all men and women and to make them free from all that drives them.

Out of love, 'the Word was made flesh' and born of Mary, who relied, not on herself, but on God.

Jesus, choosing to live among those who had nowhere to lay their heads invites all of us to give ourselves

#### CLC General Principle 4

Our community is made up of Christians: men and women, adults and young people, of all social conditions, who want to follow Christ more closely and work with him for the building of the Kingdom, having recognised Christian Life Community as their particular vocation within the Church.

Our aim is to be committed Christians, bearing witness to those human and gospel values within the Church and society which affect the dignity of the person, the welfare of the family, and the integrity of creation. continuously to God and to work for unity within our human family.

This gift of God to us and our response continues to this day through the influence of the Holy Spirit in all our own personal experiences and circumstances of life.

#### Therefore we,

members of the Christian Life Community, have composed these General Principles to aid us in choosing to imitate Jesus Christ and to take part through him, with him and in him in this loving initiative which expresses God's everlasting faithfulness.

### PURPOSE

In particular we recognise the urgent need to work for justice by trying to see our world through the eyes of the weak, the oppressed and the poor and by seeking a simple lifestyle which expresses our freedom and solidarity with those in need.

To prepare our members for apostolic witness and service, we form communities of those who strongly desire to unite their lives completely with their Christian faith according to our charism.

We hear Christ speaking through our everyday lives calling us to this unity of life.